



Queen Creek Unified School District

Individualized Emergency Asthma Bus Care Plan

Student Name: _____ DOB: _____

School: _____ Grade: _____ Date: _____

Route: _____ Teacher: _____

Asthma – Trouble Breathing - Coughing- Wheezing

EMERGENCY PLAN:

- 1. STOP the bus.**
- 2. Help the student locate their inhaler if they have one available.**
- 3. Call 911 if student’s condition is getting worse and you are unsure of what to do.**
- 4. Call 911 if student can’t count to 10 without taking a breath or is breathing more than 30 times a minute.**
- 5. Report incident to school and/or parent.**

Emergency Contact Name: _____ Phone No. _____

Parent/Guardian Signature: _____ Date: _____

Health Aide/Nurse Signature: _____ Date: _____

Directions for Inhaler Use:

- 1. Remove the cap**
- 2. Shake the inhaler 10-15 times**
- 3. Without the inhaler breathe in and exhale completely**
- 4. Hold the inhaler upright and put it in the mouth**
- 5. Breathe in slowly, press down on the inhaler while continuing to breathe in (hold breath for 5-10 seconds)**
- 6. Exhale slowly**